



## *Summer 2023 Newsletter*

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**Team Member Spotlight: 2023 Summer students**



## 2023 Summer Students



**SARAH  
MAHMOOD**



**LAUREN  
ASHFIELD**



**SARAH  
POSTUMA**

Each summer the [Center for Research in Integrated Care](#) (CRIC) hires a group of students to support our many research projects. These positions provide students with valuable opportunities to develop research skills and work in a living lab environment. Hiring students from various backgrounds also adds to the richness of the CRIC learning and research environment. This past summer, CRIC hired exceptional summer students.

Sarah Mahmood is entering her final year at the University of New Brunswick Saint John campus. She hopes to pursue a career in healthcare service. Sarah supported title and abstract screening for a scoping review titled "*Using readers theatre as an innovative knowledge translation approach for health research study.*" Sarah also supported recruitment and data collection for a Clinical Poverty screening study at St. Joseph's Hospital.

Lauren is entering her final year at Mount Allison University. We were excited for

Lauren to return to CRIC for a second summer with an NBHRF Summer Studentship Award! She supported the Organization for Economic Co-operation and Development (OECD) and the Patient Reported Indicator Survey (PaRIS) research projects.

Sarah Postuma is entering her second year of the Bachelor of Science program. She supported title and abstract screening for an ongoing scoping review titled *“Using theatre as an innovative knowledge translation approach for health research: A scoping review”*.

We were fortunate to benefit from their assistance during the summer, and we extend our best wishes to them for the upcoming school year!

### **Project Spotlight:**

[Navigating Dementia NB/Naviguer la démence NB](#) is a research project piloting patient navigation for individuals living with dementia, their care partners, and members of the care team, co-led by Dr. Shelley Doucet and Dr. Alison Luke at the Centre for Research in Integrated Care (University of New Brunswick), and Dr. Pamela Jarrett with Horizon Health Network and Dalhousie Medicine NB. This project is funded by a Healthy Seniors Pilot Project grant, through the Public Health Agency of Canada and the Government of New Brunswick. The main goals of this project are to: (1) increase knowledge of, and access to, services and resources; and (2) to improve experiences with health and social care systems for individuals living with dementia, their care partners, and their care team by improving the integration and coordination of care. To achieve these goals, our team developed and implemented a patient navigation program for individuals living with dementia, their care partners, and members of the care team. Six patient navigators (4 anglophone and 2 francophone) were embedded in primary care clinics/ health centres in urban and rural settings across New Brunswick. This patient navigation program was piloted for 12 months (July 2022-July 2023). Over the one year pilot, 156 participants (people living with dementia and their care partners) took part in the program across NB. A mixed methods evaluation of this program is underway, and preliminary results suggest that patient navigation is beneficial for individuals living with dementia and their care partners in New Brunswick.

### **Good News**

[Better Understanding Care Transitions of Adults with Complex Health and Social Care Needs: An Essential Step Towards Integrated Care.](#)

Over the past year, CRIC has been involved in a study titled “Better Understanding Care Transitions of Adults with Complex Health and Social Care Needs: An Essential Step Towards Integrated Care,” funded by the Canadian Institutes for Health Research and led out of the University of Sherbrooke. CRIC is leading the New Brunswick

portion of this project. The main goals of this study are to understand transitions for adults with complex health and social care needs and to understand what factors contribute to good and bad transition experiences. We have been recruiting participants for the Transitions project at St. Joseph's Urgent Care Department, as well as the Emergency Department at the Saint John Regional Hospital. We are happy to report that through the efforts of our research assistants, Laura Dickinson, and Emilie Georgoudis, 122 out of our total goal of 150 have been recruited to participate in the study.

### Upcoming Events

#### Fall 2023 with QUEST

[QUEST](#) aims to build qualitative health research capacity in NB and represents a wide range of research expertise, disciplines, and organizations. Join the conversation and collaborate with other QUEST members. To become a member, please e-mail [quest-sj@unb.ca](mailto:quest-sj@unb.ca). To learn more or watch our previous events on our [QUEST website](#).

#### QUEST September 21 at 3 p.m.

Join **Emma Conway** (PhD candidate, University of Waterloo) as she presents Supporting the engagement of people living with dementia in Qualitative Research Using Storytelling Techniques. Emma's research Evaluates the potential of storytelling interviewing techniques for improving the engagement of people with dementia in qualitative research. Improving accessible research opportunities for people with dementia to share their experiences is essential for recognizing the human rights of people with dementia to have equal opportunities to participate.

#### QUEST November 23 at 3 p.m.

Join **Dr. Sally Thorne** (PhD, RN, FCAHS, University of British Columbia) as she presents, Interpretive description: An approach to applied qualitative research. Interpretive description is an approach to qualitative inquiry designed for use by researchers in the applied and practice disciplines – disciplines that exist to act in the world and require nuanced and multi-faceted knowledge to do so. It aims to capitalize on the wealth of available techniques from the universe of qualitative methods across many scholarly traditions and invite researchers to apply them within the epistemological frameworks and societal mandates that characterize their own applied and practice disciplines. This presentation will highlight the origins, fundamental elements, and general strategic design approaches to inquiry that can allow applied researchers to design the best study possible to address the very real knowledge needs of their practice communities.

## **ResearchNB Week November 16-17, Saint John, NB**

Join [ResearchNB for Health Research Week](#) – the event that puts the spotlight on health research happening right here in New Brunswick. Dive into engaging discussions, learn from top-notch speakers, and get inspired by the innovation in our province. It's more than just an event - it's where NB's health future begins.

### **Recent Publications**

#### **Published Papers**

Bisson, M., Aubrey, K., Chouinard, M-C., Doucet, S., Ramsden, V.R., Dumont-Samson, O., Howse, D., Lambert, M., Schwarz, C., Luke, A., Rabbitskin, N., Gaudreault, A., Porter, J., Rubenstein, D., Taylor, J., Warren, M., & Hudon, C. (2023). Patient engagement in health implementation research: A logic model. *Health Expectations*, 1-9. <https://doi.org/10.1111/hex.13782>

Hevink, M., Wolfs, C., Ponds, R., Doucet, S., McAiney, C., Vedel, I., Mackowiak, M., Rymaszewska, J., Rait, G., Robinson, L., Poole, M., Gresham, M., Jeon, Y.-H., Phillipson, I., Low, L.-F., Brodaty, H., de Vugt, M., & Verhey, F. (2023). Experiences of people with dementia and informal caregivers with post-diagnostic support: Data from the international COGNISANCE study. *International Journal of Geriatric Psychiatry*, 38(5), 1-10. <https://doi.org/10.1002/gps.5916>

Hudon, C., Bisson, M., Chouinard, M-C., Delahunty-Pike, A., Lambert, M., Howse, D., Schwarz, C., Dumont-Samson, O., Aubrey-Bassler, K., Burge, F., Doucet, S., Ramsden, V.R., Luke, A., Macdonald, M., Gaudreau, A., Porter, J., Rubenstein, D., Scott, C., Warren, M., & Wilhelm, L. (2023). Implementation analysis of a case management intervention for people with complex care needs in primary care: A multiple case study across Canada. *BMC Health Services Research*, 23(00), 377. <https://doi.org/10.1186/s12913-023-09379-7>

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