



## *Spring 2023 Newsletter*

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### **Team Member Spotlight: Charlotte Schwarz**



Charlotte Schwarz has been working at the Centre for Research in Integrated Care (CRIC) since September 2020. Although she began her time at CRIC as a Research Assistant, her position has since evolved into a Research Coordinator. Throughout her time with the centre, she has had the opportunity to work on a variety of projects related to individuals with chronic conditions and

complex care needs, and to work with teams across other provinces and countries. Charlotte loves the patient-centred nature of the research she is engaged in and that the research is focused on making a difference in the way that care is delivered.

Charlotte completed her Bachelor of Arts with double honors in Political Science and Great Books at St. Thomas University 2017. She then went on to complete her Master's in Political Studies at Queen's University, which focused on climate refugee policy in the European Union. Working at CRIC has allowed Charlotte to use, improve and refine her research abilities, as well as continuously learn new skills!

In her spare time, Charlotte enjoys spending time with her partner and cat, as well as reading, running or hiking.

### **Project Spotlight: Better understanding care transitions for adults with complex health and social care needs**

CRIC is part of a interprovincial study, led out of the University of Sherbrooke, aimed at better understanding transitions in healthcare for adults with chronic conditions and complex care needs. These individuals often require services from multiple providers across various sectors, including health and social care settings, which can be challenging to navigate. This mixed methods study aims to fill the knowledge gap around patients' experiences with transitions and the factors that contribute to positive and negative experiences.

This study takes place in emergency departments of participating provinces, which include New Brunswick, Newfoundland and Labrador, and Quebec. Information is gathered on patients' experiences, along with the perspectives of health professionals, community partners, health managers and family care partners. CRIC has two full-time research assistants dedicated to this project. Laura Dickinson is collaborating with providers out of the Saint John Regional Hospital's Emergency Department while Emilie Georgoudis works out of St. Joseph's Hospital's urgent care centre. We are excited to be part of this study that seeks to gain insight into healthcare transitions for adults with chronic conditions and complex care needs.

A big thank you to New Brunswick's project coordinator, Charlotte Schwarz, and research assistants, Laura and Emilie, for their hard work on this project!

## Good News

### NBHRF Summer Student Funding

Drs. Shelley Doucet and Alison Luke were successful in receiving a \$8,864 Summer Studentship Award from the New Brunswick Health Research Foundation. The award will allow Lauren Ashfield, a 3rd year student at Mount Allison University, to return to CRIC for her second summer. She will work closely with project coordinator Charlotte Schwarz on a project titled *Organization for Economic Co-operation and Development (OECD) Patient Reported Indicator Survey (PaRIS)*. We are very excited to be welcoming Lauren back!

## Upcoming Events

### 2023 Canadian Healthcare Navigation Conference (CHNC) - April 20-21st, 2023

- CRIC will be co-hosting the virtual Canadian Healthcare Navigation Conference (CHNC) in partnership with the Family Navigation Project at Sunnybrook Health Sciences Centre. CHNC 2023 will provide a forum to share and discuss how navigation can support the integration of care through the lens of research, practice, education, and administration. To learn more about CHNC 2023, please [visit the website](#).

QUEST - April 27th, 2023 - The next QUEST session will be held virtually on April 27, at 3 p.m. Dr. Rose McCloskey (Professor, University of New Brunswick) will present *Simulation-based Qualitative Research*. Please [register in advance](#) for this session.

CPCRN Learning Series - May 2nd at 12PM ET. Join this interactive session to learn and discuss our varying understandings of Equity, Diversity and Inclusion (EDI), ways to support self-reflection, and doing meaningful EDI work [register here](#). You can find more CPCRN details [here](#).

CAHSPR Conference - Montreal, May 29-31st, 2023 - The Canadian Association for Health Services and Policy Research (CAHSPR) is a community of researchers and decision makers working together toward evidence-based health care and health policy. Their in person event will be hosted in Montreal. For more information on the conference, visit [CAHSPR](#).

## Recent CRIC Publications

Légère, K., Doucet, S., Luke, A., Goudreau, A. (2023) Barriers and facilitators to engaging in the practice of medical assistance in dying among providers in Canada: A scoping review protocol. JBI Evidence Synthesis, 21(00), 1-9. <http://dx.doi.org/10.11124/JBIES-22-00278>

Anthonisen, G., Luke, A., & Doucet, S. (2023). Developing a patient navigation program for people with dementia: How a scoping review became a pilot program. JBI Evidence Synthesis, 21(2), 279-280. DOI: [10.11124/JBIES-23-00001](https://doi.org/10.11124/JBIES-23-00001)

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