

Sir Max Aitken Pool Schedule

September 5th – December 15th, 2017



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am - 9:30am	Adult Lap Swim		Adult Lap Swim		Adult Lap Swim		
11:30am - 1:30pm	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim		
12:10pm -12:50pm		Deep Water Aqua Express		Deep Water Aqua Express			
1:00pm - 2:00pm			*1:30-2:30pm* Open Recreation (All Ages)			Open Recreation (All Ages)	Open Recreation (All Ages)
2:00pm - 3:00pm						Adult Lap Swim	Adult Lap Swim
4:30pm - 5:30pm	Adult Lap Swim				Adult Lap Swim		
5:30pm - 6:30pm		Adult Lap Swim		Adult Lap Swim			
7:00pm - 8:00pm			Adult Lap Swim				
10:00pm – 10:45pm	Open Recreation (Laps Available)	Open Recreation (Laps Available)	Open Recreation (Laps Available)	Open Recreation (Laps Available)			

September 11th – 16th, 2017 FREE DROP IN WEEK

Open Recreation (All Ages)

- Anyone 7 or under needs to be accompanied in the water by adult and within arm's reach.
- One adult per two non- swimmer children ratio.
- Strong swimmers under 7 must complete a Swim Test successfully if they wish to swim to unaccompanied directly in the pool. Parents still need to at the pool deck.
- Pool Accessories are available during Open Recreation. (PFDs, flutter boards, pool noodles, water tubes and toys)

Adult Lap Swim

- This Lap Swim is intended for anyone 16 or older and intended for laps only. Those looking for leisure time, please see Open Rec Swim.